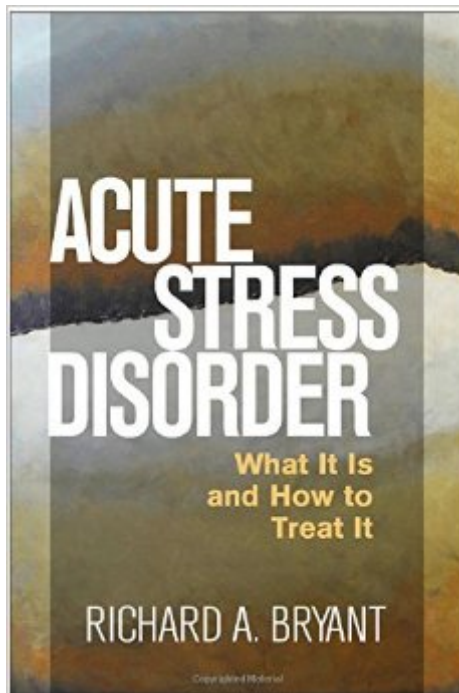


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Acute Stress Disorder: What It Is And How To Treat It



Synopsis

Drawing on extensive research and clinical experience, leading authority Richard A. Bryant explores what works--and what doesn't work--in managing acute traumatic stress. He reviews the current state of the science on acute stress disorder (ASD) and presents diagnostic guidelines based on DSM-5. In a straightforward, highly readable style, Bryant shares rich insights into how to provide effective, compassionate care to specific populations, including those with mild traumatic brain injury, military personnel and first responders, and children. Evidence-based intervention procedures are described. Reproducible assessment tools and handouts can be downloaded and printed in a convenient 8 1/2" x 11" size.

Book Information

Hardcover: 338 pages

Publisher: The Guilford Press; 1 edition (March 30, 2016)

Language: English

ISBN-10: 1462525083

ISBN-13: 978-1462525089

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

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